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SAYAJI SWAR

MONTHLY NEWSLETTER OF ROTARY CLUB OF BARODA SAYAJINAGARI

// ISSUE 01 // AUGUST 25-26 //

Welcome to the Rotary Family



**AUGUST IS MEMBERSHIP AND NEW
CLUB DEVELOPMENT MONTH**

NEW TEAM! NEW BEGINNING!



RCBS TEAM 2025 - 26



Francesco Arezzo

President, Rotary
International 2025-26



Amardeep Bunet

District Governor
2025-26



Dr. Maulesh Dholakia

Assistant Governor
2025-26

BOARD MEMBERS

President Rtn. Kashyap Shah	Administrative Chair P.P Rtn. Jatin Shah
Imm. Past President Rtn. Hitesh Mali	Membership Chair Rtn. Milind Gogate
Vice President Rtn. Dattesh Shah	Service Project Chair Rtn. Amit Shrivastava
Secretary Rtn. Sanyogita Pradhan	Rotary Foundation Chair P.P Rtn. Chetan Dedhia
Executive Secretary P.P Rtn. Minal Shah	Sgt. At Arms Rtn. Darshan Vyas
Joint Secretary P.P Rtn. Vaishali Shah	Club Young Leader Contact Rtn. Nisha Amin
Treasurer P.P Rtn. Malay Bhayani	
Club Learning Facilitator P.P Rtn. Brijesh Parikh	

COMMITTEE CHAIR

Public Image Chair Rtn. Deval Shastri	Minor Surgery Chair Rtn. Dr. Ashwin Shah
Maternal and Childcare Rtn. Seema Thakur	Bulletin Editor Ann. Charmi Shah
Diseases and Prevention Treatment Rtn. Dr. Devendra	Birthdays and Anniversary Wishes Ann. Vaishali Bhayani
Literacy Chair Rtn. Krupa Mali	
Avoidable Blindness Rtn. Dr. Niketu Shah	
Information and Technology Rtn. Bharat Desai	
Rotary Community Corps Rtn. Dattesh Shah	
Anandgram Project Chair Rtn. Hitesh Mali	

ADVISORS TO BOARD

P.P. Rtn. Shomit Patel
P.P. Rtn. Amit Talati

DISTRICT POSITION

Co-Chairman-Rotary Zone 4,5,6,7
Website & HUMF Coordinator
P.P. Rtn. Minal Shah

District Grant Promotion Chairman &
Global Grants Coordinator - Cluster 2
P.P. Rtn. Chetan Dedhia

District Secretary Cluster 2
P.P. Rtn. Jay Shah

From the President's Desk

Dear fellow Rotarians and friends,

It is with immense gratitude and enthusiasm that I pen this message for the first edition of Sayaji Swar for the Rotary year 2025–26. As we step into this new role, I am humbled by the opportunity to serve and lead a club so deeply rooted in service, fellowship, and values.

As I said in my installation speech, Rotary is not just a club, it is a way of life. It is a path that connects us to a higher purpose, inspiring us to go beyond ourselves and make a meaningful difference in the lives of others. Rotary teaches us the joy of giving, the power of collective action, and the strength of community spirit.

Me and Moksha are blessed to begin this new journey with the divine blessings of Pujya Shri Vrajraj Kumar Mahoday Shri, and we carry those blessings forward as our guiding light. With his grace and your support, I am confident that we will achieve new heights together this year.

Our magazine, Sayaji Swar, is more than just a chronicle of our activities, it is a reflection of our spirit, our achievements, and our dreams. I invite each of you to actively contribute, participate, and help build this platform into a vibrant voice of our club.

Let us move ahead with compassion in our hearts, service in our actions, and unity in our vision.

Thank you.

Rtn. Kashyap Shah



**Rtn. Kashyap Shah &
Rtn. Moksha Shah**

**President & First
Lady-2025-26**

**Rotary Club of
Baroda Sayajinagari**

Editor's Page

Happy beginning to our dedicated volunteers, passionate supporters, and compassionate community!

As we step into a new year, we're filled with hope and determination. Our mission remains unwavering: to make a meaningful difference in the lives of people.

This year, let's continue to amplify our impact through collective efforts. Together, we can create ripples of change that resonate far and wide.

Stay tuned for inspiring stories, updates, and ways to get involved. Let's make this year unforgettable!

Happy Reading!



Ann. Charmi Shah

Bulletin Editor

**Rotary Club of
Baroda Sayajinagari**

RCBS PROJECTS

Annapurna Day - 01/07/25



A Heartwarming New Beginning for RCBS!

RC Baroda Sayajinagari began its new Rotary year with a soul-touching project - PROJECT ANNAPURNA.

In a beautiful act of service, our dedicated Anns voluntarily came forward to prepare and serve a home-made lunch for the special children of Sankalp Organization.

Before the meal, our Anns engaged the kids in joyful art and craft activities, filling the space with color, creativity, and smiles.

50 children enjoyed the lovingly prepared lunch, a simple yet powerful gesture that brought immense joy to all involved.

It was a day full of warmth, compassion, and connection — a perfect start to another meaningful year of service.

RCBS PROJECTS

HUMF - 03/07/25



As we embrace a new Rotary year with fresh enthusiasm and renewed commitment, we proudly continue HUMF (Humf - હૂમ્ફ meaning Warmth).

one of RCBS's most impactful and heartfelt initiatives. HUMF is dedicated to supporting underprivileged pregnant women by providing them with nutritional kits, sanitary pads, and essential hygiene items. This ongoing project reflects our club's dedication to maternal health, dignity, and care. With each passing year, HUMF grows stronger, driven by compassion, teamwork, and the belief that small acts of support can lead to healthier, happier lives.

This event was sponsored by RCBS Well-wisher, Ann Pinky and Rtn. Sanyogita. This event was attended by Rtn. Moksha, Ann Anu, Rtn. Seema, Ann Manjoo, Rtn. Minal, Rtn. Sanyogita and Ann Pinky.

Total 65 women were beneficiaries of this beautiful Project Humf

RCBS PROJECTS

Tree Plantation - 07/07/25



Together, we're building a greener, cleaner future.

Tree Plantation Initiative

As part of the club's ongoing commitment to environmental conservation, Rtn. Kashyap Shah and his team successfully carried out a tree plantation drive, planting 700 saplings at Anugrah Industries Private Limited, Dahej.

This initiative not only contributes to a greener environment but also strengthens our club's mission of community engagement and ecological responsibility.

RCBS PROJECTS

PFT Detection & Awareness Camp - 11/07/25



On 11th July, a Pulmonary Function Test (PFT) Detection and Awareness Camp was organized at Ganga Jamna Hospital under the guidance of Rtn. Dr. Ashwin Shah of RC Baroda Sayajinagari. T

he camp aimed to spread awareness about respiratory health and detect early signs of pulmonary issues. Patients requiring further treatment were guided by Dr. Karan Shah.

The initiative saw active participation, with around 31 individuals benefitting from the camp.

RCBS PROJECTS

Notebook Distribution - 11/07/25



In an effort to support education and empower young minds, RC Baroda Sayajinagari organized a notebook distribution drive at Ambada Prathmik Shala.

A total of 50 dozen notebooks were distributed to schoolchildren, ensuring they have the basic tools they need to continue their learning journey.

The initiative was carried out in collaboration with Kalabharti Charitable Trust, led by Rtn. Pritesh Shah, and coordinated by Rtn. Deval Shastri.

The smiles on the faces of the children reflected the true spirit of giving and the club's ongoing commitment to educational support in rural communities.

RCBS PROJECTS

Physical Health Awareness

Sugar Board Initiative - 12/07/25



To raise awareness about physical health, the Rotary Club of Baroda Sayajinagari organized a special health awareness session at Uma Vidyalaya, Tarasali, Vadodara — managed by Shri Kadva Patidar Kelavani Mandal — for the Primary Section.

Dr. Aartiben Rathi, a Clinical Cardiologist, Rehabilitation Consultant, and Diabetes Advisor, conducted an engaging and informative session under the initiative titled “Sugar Board – A Step Towards a Healthy Childhood.” She educated students about the high sugar content found in everyday food items and popular cold beverages. The session aimed to help children understand how excess sugar can impact their health, leading to issues such as obesity, diabetes, and dental problems from an early age.

The Sugar Board concept encourages families and schools to actively display and refer to a simple guide on daily sugar limits, helping both children and parents make healthier food choices. Project was attended by Rtn. Minal Rtn. sanyogita and Rtn.Krupa. Sugar Boards were donated to School for permeant Display.

RCBS PROJECTS

Masoom Session

Child Safety and Digital Awareness- 19/07/25



On 19th July 2025, a vital awareness session was held at Maa Saraswati Prathamik Shala (Gujarati Medium) focusing on educating young students about child safety and digital awareness in association of Yi Vadodara.

Two impactful sessions were conducted by facilitators Ms. Lipi and Ms. Mayuri, reaching nearly 120 students from Grades 5 to 8. The sessions covered sensitive yet essential topics such as Child Sexual Abuse (CSA) awareness and the Vigilante Digital Safety Module, equipping children with the right knowledge, tools, and confidence to protect themselves in both offline and online environments.

This initiative was made possible through the efforts and coordination of the Rotary Club of Baroda Sayajinagari, with strong support from Rtn Minal Shah, Secretary Rtn Sanyogita Pradhan, PP Rtn. Mita Shah, Ann Anu Shrivastava, Rtn Vrunda Desai, and Interactor Hon. Secretary Aanya Shah. Their collective dedication made this an empowering and memorable experience for the students.

RCBS PROJECTS

Menstrual Health & Hygiene Awareness - 19/07/25



On Saturday, 19th July 2025, the Rotary Club of Baroda Sayajinagari, in collaboration with Yi Vadodara, conducted an impactful awareness session on Menstrual Health and Hygiene at Swami Dayanand Saraswati Primary School, Ektanagar, Ajwa Road.

Targeting students of Grades 6 to 8, the session saw the participation of approximately 80 adolescent girls.

Facilitators Vidhi and Nandini led an open, inclusive, and culturally sensitive conversation to educate the girls on the biological, physical, and emotional aspects of menstruation. The session created a safe space for students to ask questions, express concerns, and bust common myths and taboos associated with periods.

Through interactive discussions and informative insights, the initiative aimed to empower young girls with knowledge, promote hygiene practices, and ensure that menstruation never becomes a barrier to education. Together, we continue to foster a healthier and more informed community.

RCBS PROJECTS

Lipid Profile Detection & Awareness Camp - 21/07/25



A Lipid Profile Detection and Awareness Camp was organized on 21st July at Ganga Jamna Hospital under the guidance of Rtn. Dr. Ashwin Shah of RC Baroda Sayajinagari. The camp focused on creating awareness about cholesterol and heart health.

A total of 17 patients participated in the initiative. Those requiring further medical attention were personally counseled by Dr. Karan Shah for appropriate follow-up and treatment.

This well-received initiative marked a meaningful step toward building a healthier and more informed community

RCBS PROJECTS

School Uniform Distribution - 22/07/25



In a heartfelt initiative to promote education and equality, school uniforms were distributed to 83 students of Paladi Primary School.

The joy and excitement on the children's faces reflected the true impact of this thoughtful gesture.

This event was generously sponsored by First Lady Rtn. Moksha and President Rtn. Kashyap Shah, whose dedication to uplifting young learners continues to inspire us all. Their support ensures that every child steps into the classroom with confidence, dignity, and a sense of belonging.

RCBS PROJECTS

Masoom Session

Child Safety and Digital Awareness- 26/07/25



On Saturday, 26th July 2025, the Rotary Club of Sayajinagari, in association with Yi Vadodara Chapter, organized “Project Masoom” at Raja RamMohan Roy Prathmik Shala, Vasna.

This meaningful initiative focused on two crucial aspects of child protection—Safe & Unsafe Touch Awareness and Digital Safety. Facilitated by Ms. Lipi and Ms. Mayuri, the sessions engaged around 170 students from Grades 5 to 8 through interactive and age-appropriate methods. The children were educated on recognizing and responding to unsafe situations, understanding personal boundaries, and navigating the digital world responsibly. The aim was to equip young minds with the knowledge and confidence to stay safe—both offline and online. Through collective efforts, we move closer to building a safer, more informed future for our children. Project was attended by Rtn. Moksha Shah and Ann. Anu Srivastava.

RCBS PROJECTS

Physical Health Awareness

Eat Smart, Live Well - 26/07/25



On Saturday, 26th July 2025, RC Baroda Sayajinagari organized a session on “Eat Smart, Live Well” at Swami Dayanand Saraswati Primary School, Ajwa Road. Dr. Aarti Rathi, Clinical Cardiologist and Diabetes Advisor, addressed over 200 students and staff, explaining the importance of eating home-cooked meals and avoiding packaged foods.

She taught children how to read food labels, understand ingredients, and check expiry dates. Some students even volunteered to share what they learned after the session.

RCBS donated two Sugar Boards to the school to raise daily awareness about sugar content in common foods. Special thanks to Rtn. Chandrajit and Rtn. Hetal Shah for creating and donating the boards. Program was attended by Rtn. Sanyogita Pradhan.

RCBS PROJECTS

Cycle Donation - 28/07/25



Every cycle donated is a journey gifted

Empowering a child with the freedom to learn, grow, and dream beyond limits.

In a heartwarming gesture, a refurbished cycle was donated to a girl child by a generous well-wisher of Rotary Club of Baroda Sayajinagari. This thoughtful act aims to support her journey to school, promote independence, and encourage continued education.

Small steps like these create big impacts in shaping a better, more accessible tomorrow for every child.

RCBS PROJECTS

Blood Donation - 28/07/25



In a heartfelt act of service, Rotary Club of Baroda Sayajinagari, in collaboration with CGCCI and Boom Baroda Parivar, organized a blood donation drive during the event
“સમાજસેવા, જ્ઞાન અને નાટ્યકલા નો સુલભ સમન્વય.”

With the support of dedicated volunteers and compassionate citizens, 14 units of blood were collected — each one a gift of life for someone in need. The drive not only highlighted the importance of regular blood donation but also united people with a shared purpose of saving lives.

We thank each donor and volunteer who stepped forward to make a difference. Let's keep the spirit of seva alive by continuing to give, serve, and uplift our community.

RCBS PROJECTS

Hygiene and Menstruation Awareness - 31/07/25



On July 31st, RC Baroda Sayajinagari, in collaboration with YI Vadodara, organized an impactful session on hygiene and menstruation at Ambe Vidyalay, Sama Savli, Under the expert guidance of Dr.Kinjal Shah. Approximately 400 girls actively participated in the engaging discussion.

Key Highlights

- The session covered essential topics on hygiene and menstruation, empowering the girls with valuable knowledge.
- The girls enthusiastically shared their understanding of the importance of HPV vaccination.
- The response was overwhelmingly positive, with participants demonstrating a newfound awareness and confidence.

Rtn. Swapnali Dabake and Rtn. Sanyogita from RC Baroda Sayajinagari attended the session, contributing to its success.

This initiative reflects the club's commitment to promoting health awareness and empowering young girls.

RCBS - HEALTH CAPSULE

ॐ **How to Eat Right During the Holy Month of Shravan** ॐ **By Rtn. Swati Patel, Clinical & Cosmetic Dietitian**

Fasting in Shravan often means giving up grains, pulses, onions, garlic, and certain vegetables. While spiritually uplifting, this can lead to:

Low energy / Dehydration / Constipation / Nutrient deficiencies (iron, B12, protein, fiber) / Overeating after sunset

1. Choose High-Fiber, High-Protein Vrat Foods

- Allowed Grains: Moraiyo, rajgira, samo rice, singhara (water chestnut) flour
- Proteins: Milk, paneer, curd, soaked nuts, makhana
- Fibers: Lauki, pumpkin, cucumber, coconut, figs

2. Balance Spiritual Fasting with Physical Needs

- If skipping lunch: Break your fast with a protein-rich meal like lauki soup + paneer tikki.
- If one-time meal: Include vrat grain, a cooked veggie, curd, fruit, and 4–5 soaked almonds.
- Avoid binge eating during evening aarti—portion control is essential.

3. Smart Swaps for Classic Shravan Treats

- Traditional → Healthier Swap
- Fried sabudana vada → Air-fried or baked version
- Potato-heavy dishes → Mix in bottle gourd or pumpkin
- Sugar-laden sweets → Use jaggery, dates, or dry fruits
- Pooris → Go for rajgira rotis or kuttu chillas

Final Takeaway

- Shravan is a chance to detox both mind and body—not to deprive yourself.
- With mindful food choices, fasting becomes a journey of spiritual clarity and physical health.

“Let your fasts purify you—not punish you.”

RCBS HAPPENINGS

Club Assembly Meeting - 03/07/25



The Club Assembly Meeting was graced by the presence of Assistant Governor Rtn. Dr. Maulesh Dholakia and began with a prayer by Rtn. Sanyogita Pradhan, followed by the recitation of the 4-Way Test by Rtn. Minal Shah.

President Rtn. Kashyap Shah warmly welcomed AG Rtn. Maulesh Dholakia and introduced him to the Board Members. In his address, AG Rtn. Maulesh Dholakia shared the vision of District Governor Rtn. Amardeep Bunnet, encouraging the club to organize surgical camps with district-level support, identify patients in need, and collaborate on joint activities with other active sister clubs in Baroda. He also emphasized the importance of enhancing Rotary's public image through events like box cricket tournaments and fundraisers.

The meeting concluded with a heartfelt vote of thanks by Rtn. Sanyogita Pradhan, who also presented a copy of the novel *Dasvidaniya*, authored by Rtn. Deval Shastri, to AG Rtn. Maulesh Dholakia. The assembly was adjourned with the National Anthem, marking a meaningful and inspiring session.

RCBS HAPPENINGS

32nd Installation Ceremony - 09/07/25



The 32nd installation Ceremony of Rotary Club of Baroda Sayajinagari was held on 9th July 2025 at Hotel Regenta Fairlark, Baroda, in the esteemed presence of our Chief Guest, Vallabhacharya 108 Shri Vrajraj Kumarji Maharajshri

His divine presence and inspiring words on spirituality in modern life added great meaning to the occasion. President Rtn. Kashyap Shah, along with First Lady Moksha Shah and all RCBS members, humbly sought Maharajshri's blessings for the journey ahead.

The Installation oath was administered by P.P. Rtn. Dr. Ashwin Shah, officially welcoming President Rtn. Kashyap Shah and his board into their new roles.

RCBS HAPPENINGS

32nd Installation Ceremony - 09/07/25



Assistant Governor **Dr. Maulesh Dholakia**, despite his busy schedule, graciously attended the event, lending his support and guidance.

A special highlight of the ceremony was the induction of three new members — Mrs. Mabel Coelho, Mrs. Vrunda Desai, and Mrs. Swati Patel — by AG Dr. Maulesh Dholakia. We warmly welcome them into the RCBS family and look forward to their enthusiastic contributions.

Under the inspiring leadership of President Rtn. Kashyap Shah, we enter this new year with a strong resolve — **We don't wait for change to happen, we make it happen - We unite for good.**

RCBS HAPPENINGS

Close Body Meeting - 17/07/25 and 29/07/25



17/07/2025

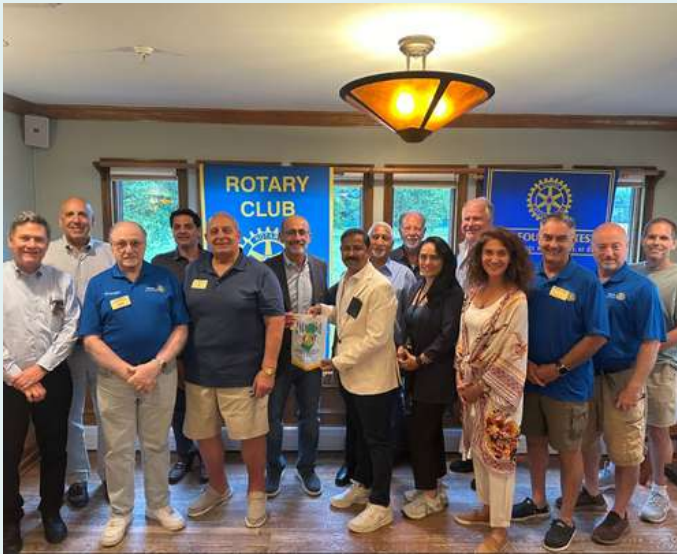
A club meeting was held to discuss key matters for the Rotary year 2025–26. The session began with a prayer and the 4-Way Test, followed by an address by the President. Important discussions included the approval of the annual budget and finalization of signatories for the year. Membership updates were addressed, including approval of dormant and honorary members. Plans for impactful community service projects, literacy initiatives, and international programs were reviewed and approved. Updates on the ongoing Global Grant were shared, and the importance of TRF contributions was emphasized. The Public Image team shared plans to enhance the club's visibility through various platforms. The meeting concluded with announcements, a vote of thanks, and the National Anthem.

29/07/2025

CLOSED BODY met on Zoom platform for review of Dormant Membership and reframed the previous policy and also approved First Lady Moksha Shah Membership.

RCBS HAPPENINGS

Flag Exchange - 17/07/25



On behalf of the Rotary Club of Baroda Sayajinagari, **Mr. Brijesh Parikh** had the privilege of attending a meeting with the Rotary Club of Hillsborough, New Jersey, USA. This international interaction served as a wonderful opportunity to showcase the meaningful service projects and initiatives being undertaken by our club for the betterment of the community.

It was indeed a proud and inspiring moment to witness our club's dedication being acknowledged and appreciated on a global platform. Such exchanges strengthen the spirit of Rotary and remind us that our shared commitment to service truly transcends boundaries.

The meeting concluded with the exchange of flags as a gesture of friendship and unity. The President of the Rotary Club of Hillsborough was also felicitated with a traditional shawl, symbolizing respect and gratitude.

RCBS HAPPENINGS

Member Orientation Session - 23/07/25



A comprehensive orientation session on Rotary International (RI) was conducted for our newly inducted members Rtn. Swati Patel and Rtn. Vrunda Desai. The session was chaired by IPP Rtn. Hitesh Mali, with PP Rtn. Minal Shah adding her valuable insights, especially on Community Service initiatives.

The session covered key aspects of Rotary, including:

- Rotary International Ethos
- RI Structure
- District and Club-level Activities
- Global Grants Projects
- Rotary Financials – Income & Expenses
- Rotary Youth Exchange (RYE) & Rotary Friendship Exchange (RFE)
- Rotary Fellowships

With engaging discussions and enthusiastic questions from the new members, the session turned out to be both informative and interactive.

Also present during the session were Rtn. Sanyogita, Rtn. Seema Thakur, and Rtn. Col. Milind Gogate, adding further value to the discussion.

RCBS HAPPENINGS

Harmony of Service, Knowledge & Art - 28/07/25



રોટરી ક્લબ ઓફ સયાજીનગરી, વાણિજ્યભવન તેમજ બૂમ બરોડાનો સફેદ ડાઘ અંગે જાગૃતિ લાવવાનો પ્રયાસ

ચામડીના ડાઘ અંગે સમાજમાં અને ગેરસમજો પ્રવર્તે છે. ચામડી પર થતા ડાઘને કારણે કેટલાય પરિવારોમાં અશાંતિ સર્જાતી હોય છે અને ઘણા કેસમાં વાત ડિવોર્સ સુધી પહોંચી જાય છે. પરંપરાગત માન્યતા ધરાવતા આપણા સમાજમાં ડાઘ ધરાવતી વ્યક્તિ માટે યોગ્ય પાત્ર શોધવા માટે પણ સમસ્યા થતી હોય છે. આ સમસ્યા અંગે જનજાગૃતિ લાવવા માટે શહેરના જાણીતા તબીબ ડૉ દેવેન્દ્ર શાહ અને મંજુ શાહ અભિનીત દાગ અરછે હે નાટક વાણિજ્ય ભવન ખાતે ભજવવામાં આવ્યું હતું.

રોહિત ચંદાવરકર લિખિત ડાઘ અરછે હે નાટકમાં હનીમૂન માટે આવેલા પતિ પોતાની પત્નીની પીઠ પર એક ડાઘ જુએ છે. પતિ પોતાની પત્નીને છોડીને ભાગી જાય છે અને તેને એક મહિલા સમજાવે છે કે ડાઘ નુકશાન નથી કરતા. આ વિષયને ધ્યાનમાં રાખીને વાણિજ્યભવન, રોટરી ક્લબ ઓફ બરોડા સયાજીનગરી તેમજ યુવા સંસ્થા બૂમ બરોડાના સૌજન્યથી એકાંકી નાટક પ્રસ્તુત કર્યું હતું.

નાટકના પ્રારંભે થયેલ ચર્ચામાં બ્રિજેશ પંચાલ અને હિરેન દેસાઈએ નાટ્યપ્રવૃત્તિ થકી સામાજિક જનજાગૃતિ વિષે ચર્ચા કરી હતી અને નાટકના અંતે ચામડીના રોગના નિષ્ણાત ડૉ પરાગ શાહ તેમજ ડૉ દેવેન્દ્ર શાહે ચામડીની સમસ્યા પર પ્રશ્નોના જવાબ આપતા જણાવ્યું હતું કે, એક ગેરમાન્યતા એ છે કે સફેદ ડાઘ જેવી બીમારી ચેપી છે અને સ્પર્શથી ફેલાય છે. વાસ્તવમાં, આ રોગ કોઈ પણ પ્રકારના સંપર્કથી ફેલાતો નથી; તે શરીરની પોતાની રોગપ્રતિકારક શક્તિની સમસ્યા છે. બીજી માન્યતા એ છે કે ડુંગળી અને દૂધ સાથે ખાવાથી અથવા અમુક આહારથી આ રોગ થાય છે. પરંતુ વૈજ્ઞાનિક રીતે આનું કોઈ પુરાવા નથી; તે જિનેટિક અને પર્યાવરણીય કારણોથી થાય છે. ઘણા લોકો માને છે કે આ રોગ ફક્ત ગાઢા રંગની ચામડીવાળા લોકોને થાય છે, જ્યારે તે તમામ વર્ગના લોકોને અસર કરે છે અને પણ ઘાટી ચામડીમાં વધુ દેખાય છે. વધુમાં, કેટલાક તેને કર્મ અથવા શાપ તરીકે જુએ છે, જે યોગ્ય નથી. આ એક તબીબી સ્થિતિ છે જેનો ઇલાજ શક્ય છે. બીજી ભ્રમણા એ છે કે બધા સફેદ ઘબ્બા વિટિલિગો જ છે, જ્યારે તે અન્ય રોગો જેમ કે ફંગલ ઇન્ફેક્શન અથવા લેપ્રોસીથી પણ થઈ શકે છે.

આંકડાકીય માહિતી મુજબ, વિશ્વભરમાં વિટિલિગોની પ્રવર્તમાનતા 0.5%થી 1% છે, ભારતમાં તે 0.25%થી 4% સુધી છે, અને કેટલાક વિસ્તારોમાં જેમ કે ગુજરાતમાં 8.8% સુધી પહોંચે છે. આ રોગ પુરુષ અને સ્ત્રીઓને સમાન રીતે અસર કરે છે. આ રોગથી સામાન્ય સંજોગોમાં શરીરની અંદર કશું નુકશાન થતું નથી. કાર્યક્રમ દરમિયાન બ્લડ ડોનેશન કેમ્પનુ આયોજન કરવામાં આવ્યું હતું. મોટી સંખ્યામાં ઉપસ્થિત રહેલા દર્શકો વચ્ચે વિવેક ગોહેલ નામના યુનિના વિદ્યાર્થીએ કાર્યક્રમનું સંચાલન કર્યું હતું.

OUR PARTNERS IN SERVICE

Interact Club of Baroda Sayajinagari *EACH ONE BRING ONE - 06/07/25*



The Interact Club of Baroda Sayajinagari began the new Rotary year with its much-loved annual initiative, Each One Bring One. On 6th July 2025, a special screening of Jurassic World: Rebirth (Hindi) was organized at PVR Nilamber, where Interactors invited the children of helpers as a heartfelt gesture of appreciation. The young guests enjoyed the full movie experience — complete with samosas, popcorn, and soft drinks — creating a joyful and memorable outing. A total of 43 tickets were purchased to bring this special day to life. The event was a beautiful start to the year, and sincere thanks go out to the entire ICBS team for planning and executing it with such warmth and care.

OUR PARTNERS IN SERVICE

Interact Club of Baroda Sayajinagari

5th Installation Ceremony - 13/07/25



The 5th Installation Ceremony of Interact Club of Baroda Sayajinagari (ICBS) was held on 13th July 2025 at Hyatt Place, Vadodara. The event was graced by President Rtn. Kashyap Shah, First Lady Moksha Shah, and Secretary Rtn. Sanyogita Pradhan, whose motivating presence uplifted the spirit of the young Interactors.

President Kashyap Shah delivered an engaging Harry Potter-themed speech, leaving a lasting impact. P.P. Rtn. Rachana Parekh shared her insights on Rotary Youth Exchange, while Rtn. Mona Mankad explained director duties with clarity. Rtn. Vrunda and Rtn. Mabel ensured smooth execution of the event.

The highlight of the ceremony was the induction of 30+ new members, as President Varchaswa Amin and Secretary Aanya Shah took the lead. A proud moment as the next generation steps forward with energy, leadership, and service in their hearts.

OUR PARTNERS IN SERVICE

Interact Club of Billabong High International School

Rakhis of Gratitude - 25/07/25



On 25th July 2025, the Interact Club of Billabong High International School celebrated Rakshabandhan in a truly meaningful way by sending 400 handcrafted Rakhis to our brave Army soldiers stationed in District Kangra, Himachal Pradesh. Each Rakhi, lovingly made by students, carried with it heartfelt gratitude, respect, and admiration for the real heroes who guard our nation selflessly. This touching gesture aimed to convey the club's deep appreciation for their sacrifices while also nurturing a sense of patriotism, empathy, and connection among the youth. It was a beautiful initiative to remind our soldiers that they are remembered, cherished, and supported—especially during festivals that celebrate protection and love.

OUR PARTNERS IN SERVICE

Inspiring Leadership at Interact Club of Anand Round Town's 3rd Installation - 26/07/25



On 26/07/25, the Interact Club of Anand Round Town celebrated its 3rd Installation Ceremony at Bhagvati Lawns, Anand. The event was graced by District Interact Representative Varchaswa Amin, who was invited as the Installation Officer.

Varchaswa shared his inspiring vision for the District Project, encouraging members to take ownership of impactful initiatives throughout the year. He also emphasized the importance of consistent membership growth and active participation to build a vibrant and engaged Interact community. His words of motivation and leadership sparked enthusiasm among the newly installed board and members, setting a strong tone for a successful year ahead.

OUR PARTNERS IN SERVICE

Interact Club of Billabong High International School

Spreading the Joy of Learning - 28/07/25



On a mission to make education more accessible, the Interact Club of Billabong High International School, in collaboration with the Rotary Club of Baroda Sayajinagri, donated preschool blackboards, stationery, and study materials to underprivileged children.

This heartwarming initiative was driven by the belief that every child deserves the right tools to begin their learning journey with confidence. By providing these essentials, the clubs aimed to spark curiosity, encourage creativity, and instill a lifelong love for learning.

Because sometimes, the smallest gestures — like a blackboard or a pencil — can open the biggest doors.

OUR PARTNERS IN SERVICE

Installation Ceremony of Cygnus World School 31/07/25



3rd Installation Ceremony of Cygnus World School was held on 31st July 2025.

Interactor Masumi Mangat took the oath as President and Interactor Prit Patel as Secretary.

The Oath Ceremony was done by DIR Varchaswa Amin.

Duties were explained by Youth Service Director Rtn Nisha Amin.

Certificates were honoured by Rtn Mona Mankad, Rtn Mable Coelho and Rtn Vrunda Desai.

SPECIAL DAYS OF RCBS 25-26

BIRTHDAYS

01/08/25 – Rtn. Malay Bhayani

05/08/25 – Rtn. Manish Parekh

08/08/25 – Rtn. Meeta Shah

15/08/25 – Ann Janet Shah

16/08/25 – Ann Anu Srivastava

18/08/25 – Rtn. Pulin Shah

22/08/25 – Rtn. Shamit Patel

22/08/25 – Rtn. Hetal Shah

26/08/25 – Rtn. Kashyap Shah

28/08/25 – Ann Tejal Mehta

ANNIVERSARIES

**15/08/25 – Rtn. Pritesh & Ann
Anupama Shah**

UPCOMING EVENTS

2nd August - Eat Smart, Live Well

6th August - Humf

12th August - Fellowship

15th August - Independence Day celebration
at Sonar-kui Prathmik Shala



Rtn. Kashyap Shah

President, 2025-26

Rotary Club of Baroda Sayajinagari

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